Adult – Trauma

Kartik Prabhakaran, MD, Chief of Trauma and Acute Care Surgery, has announced a 2022 Trauma synopses for the Trauma and Acute Care Section.

“The Adult Trauma Program at Westchester Medical Center treated over 5,600 patients in 2022. Of these, over 2,300 were admitted to our hospital for further evaluation. Falls were the leading cause of injury resulting in admission, with motor vehicle accidents being second. 95% of injuries stemmed from blunt trauma and 5% from penetrating trauma.”

Stop the Bleed: From Bystanders to First Responders – NBC New York

The Injury Prevention Program has held over 15 Stop the Bleed classes during 2021 and 2022 resulting in over 250 individuals trained in bleeding control, to provide early intervention in the event of a severe bleed.

GERIATRICS: In an effort to prevent the on-going falls issue in older adults, the Injury Prevention program established a fall prevention screening initiative based on the CDC’s STEADI algorithm. Over 400 patients are now enrolled and approximately 70 patients consented into our novel Geriatric Fall Prevention Program.

The Injury Prevention Program will be collaborating with our Adult and Pediatric Trauma Program to institute a Motorcycle & ATV Safety event this spring, as well as a Distracted Driving Program, early this fall teaming up with local schools. For questions or ways you can help please contact our EMS & Injury Prevention Coordinator Marc Musicus at marc.musicus@wmchealth.org.

Emergency Department – EMS

Tina Cocuzza, MD, Medical Director, WMCH Health Transfer Center, Director, Clinical and Medical Logistics, announced the final 2023 WMCH Health CME and Symposium calendar on January 3rd. “Our plan is to continue to offer high quality CME’s and Topical Symposia throughout 2023. We’ll stick to the in-person format on symposiums and look forward to bringing people back in for CME learning, as much as possible. Marc Musicus-EMS Coordinator has sent out this year’s CME and Symposia calendar to all.”

Q1-2023

February 10 Noon - 4 p.m. Burn Symposium WMC
March 1 4 - 7 p.m. Peds Emergency Symposium MHRH
March TBD Trauma Symposium GSH

Pediatric – Trauma

Maria Fareri Children’s Hospital (MFCH) is at the forefront of injury prevention. During 2023 The Pediatric Trauma program will continue to focus on and offer several initiatives throughout the year: Bicycle and helmet safety, car seat safety events, and a Fall’s Safety Video to be released this winter.

EMS, Peds and the MIST report: MFCH has successfully reduced the rate of under-triage over the last two years! In fact, this performance improvement initiative is being presented at The Society of Trauma Nurses TraumaCon 2023 in Denver, CO.

What does this mean for EMS?

Through your accurate MIST reports, our staff can ensure the appropriate team members and resources can deliver the highest level of care to your patients without delay, enhancing patient outcomes!

Thank you for your continued efforts in providing an accurate pre-arrival MIST report for all patients!

Winter Safety

Winter is long and can get very cold, but that doesn’t mean it can’t be fun. Check out these winter safety tips!


Did You Know?

Using the “MIST form” is a great tool to use in your day-to-day practice.

☑ Helps with populating key e-pcr data points.
☑ Helps crews to deliver an accurate and detailed hand-off report
☑ Helps EMS providers highlight key clinical data when calling in a “note”
☑ Helps serve as a reminder of key patient talking points

To receive a copy of the MIST card, contact: marc.musicus@wmchealth.org.
MidHudson Regional Hospital (MHRH)

Mark Papish, Associate Director of MHRH ED has announced the 2023 MHRH CME calendar:
- **March**: Infectious Diseases
- **July**: Ob-Gyn Emergencies
- **September**: Exotic Drug Use
- **December**: Pediatric Psychiatric Emergencies

All CME’s will be hybrid format.

Note: CME and Symposia schedule were distributed late last month.

Mitchell Chaar, MD, FACS, Section Chief of Trauma at MHRH announced their 2022 Trauma Symposium held on December 1 was a great success. Held in-person, at the MHRH Campus, this 3-hour CME event focused on several pre-hospital Trauma Care topics.

Dr. Char stated, “we look forward to continuing these educational symposia and will be announcing the date of the November 2023 Trauma Symposium next month.

HealthAlliance Hospital (HA)

On December 14, 2022, HealthAlliance Hospital Broadway Campus officially moved all in-patients and their Emergency Department patients to the new state-of-the-art HA location on Mary’s Avenue in Kingston.

At 0600 the transfer of ALL ED patients to the new Mary’s Avenue campus ED with 79 patients safely and carefully transferred within 12 hours!

The ED portion took about five hours and two EDs were maintained until the last patient was transferred. If you have not toured the new hospital yet be sure to get a tour!

Thanks to Empress EMS for their support during this transition.

Gigi Madore, MD, Chair, Emergency Medicine, HAHV, announced HA has applied for Level III Trauma designation status which is expected to be approved later this year.

Dr. Madore stated “New upgrades at HA include the new ED ICU, cath lab and L&D along with renovated med surg units all are complete! These new enhancements mean decreased wait times for our EMS crews and a higher level of care”. We’re now using the Fast Track space for low acuity patients and is now contiguous with the Main ED, allowing for greater flexibility of resources.

Good Samaritan Hospital (GSH)

Good Samaritan Hospital welcomes Robin Kim, MD, as Medical Director of GSH-ED. Dr. Kim brings a wealth of knowledge and experience to the department which will help the program continue to thrive and succeed.

Good Samaritan Hospital hosted a Stop The Bleed Program last month to the South Orangetown Public Library System. All four libraries simultaneously received the class via Zoom. The STB program is offered throughout WMCH and is a National initiative to bring awareness and the needed skills to recognize and stop a potentially life-threatening bleed. To learn more about the STB Program in Rockland County, contact scott.frae@wmchealth.org or frank.stevens@wmchealth.org.

Scott Frae, EMT-P, and Manager of Emergency Management and EMS Outreach at GSH announced:

**March 30**

**Trauma Symposium**

4 - 7 p.m.

Note: 2023 CME and Symposia schedule were distributed late last month.

For additional information GSH, please contact: scott.frae@wmchealth.org or frank.stevens@wmchealth.org.