



## myCare Makes Communication Around Your Healthcare Easier and More Convenient.

**myCare**, the WMCHealth Patient Portal, is a secure online website that gives you convenient 24-hour access to your personal health information. You can sign up for myCare during the registration process in the hospital, or at your doctor's office.

### What is the myCare Patient Portal?

myCare, is an online tool for patients at Westchester Medical Center, Maria Fareri Children's Hospital, Behavioral Health Center, MidHudson Regional Hospital and WMCHealth Physicians/Advanced Physician Services medical practices. It offers secure access to your WMCHealth records from your WMCHealth providers, including:

Medical History

Medication Lists

Discharge Instructions

Test Results

Educational Materials

Non-Urgent Communications

Once you sign up, instructions will be emailed to you to create your patient portal account. When you log on to your account, you may view, download, and share your medical record with health care professionals.

If you wish to access your health information via a third party application, such as an 'app' used on smart phones, fitness trackers, etc., please contact the Customer Care Team at 877.621.8014.

### Help is available

For a Medical Emergency Dial 9-1-1.

For medical questions, contact your physician directly.

If you are experiencing a technical issue connecting to the myCare Portal, please contact our Customer Care Team at 877.621.8014. They are available 24/7. Please let them know that you are a patient with WMCHealth.

For all other questions, call 914.493.6162 or email [PortalHelp@wmchealth.org](mailto:PortalHelp@wmchealth.org). Please allow 2 business days for a reply.